



*The Happiness Decision*

I, \_\_\_\_\_

*Do solemnly Decide  
to adopt the Happiness Decision  
by BEING HAPPY NOW*

*Rather than react to my problems  
I will use Happiness to Respond to them  
forsaking all negative thoughts.*

*Regardless of circumstances,  
IN ALL WAYS I WILL Choose Happiness  
for the rest of MY LIFE.*

*Signed* \_\_\_\_\_

*Date* \_\_\_\_\_

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